



“The all-powerful love of My Heart will grant to all those who receive Holy Communion on the First Friday of nine consecutive months the grace of final repentance, so that they will not die in My displeasure nor without the sacraments; and My Heart will be their safe refuge in the hour of death.”

Excerpt from the so-called Great Promise of the Sacred Heart of Jesus, given to Saint Margaret Mary Alacoque in the 17th century.



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**Participation
in Holy Mass**

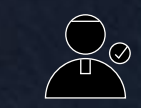


**Reception
of Holy Communion**



“I would like to draw your attention to this proposal. Heart9 is something we have known for a long time, but renewed, revitalized, and presented in a good educational form. I recommend it.”

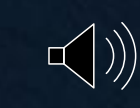
Archbishop Adrian Józef Galbas SAC



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“For the first time in my life, I was moved to tears with delight over a book. I wholeheartedly recommend it to priests and parents!”

Fr. Zbigniew Ptak OSPPE

